

Whetstone: The Power of Vertical Mentorship

THE ANATOMY OF A WHETSTONE

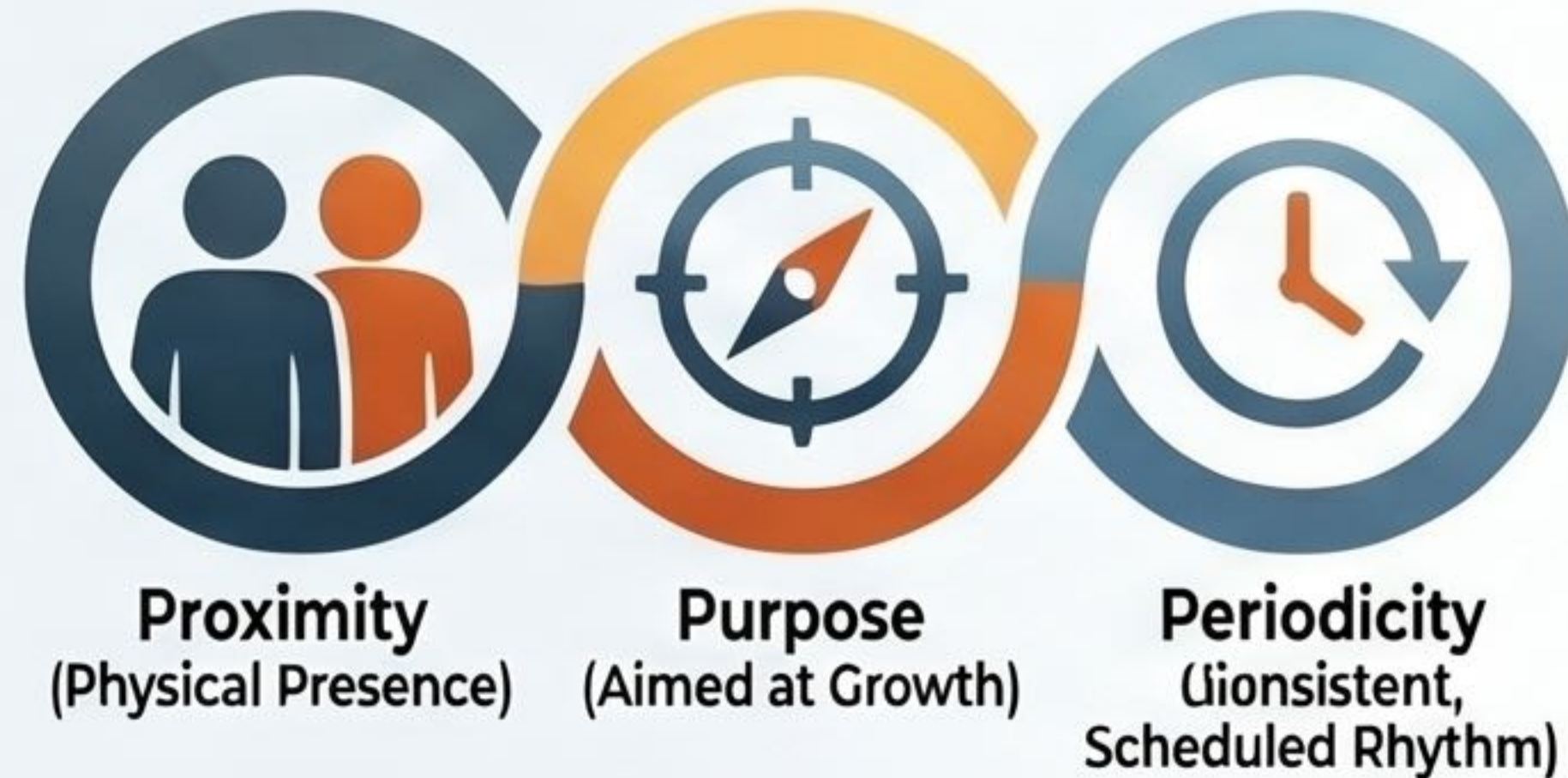


DEFINITION: THE VERTICAL RELATIONSHIP

A bond between a 'Stone' (mentor) and a 'Blade' (mentee) that relies on seasoned wisdom rather than peer-level accountability.



PROCESS STEP: THE 3 Ps OF CONNECTION



KEY FINDING: DELIBERATUDE OVER DRIFT



Sharpening does not happen by accident; it requires disciplined intentionality to schedule meetings and ask difficult questions.

THE IMPACT OF THE FRICTION

KEY FINDING: CLOSING THE HYPOCRISY GAP



Mentoring others forces the 'Stone' to live more consistently, as one cannot teach disciplines they are personally abandoning.

SUPPORTING FACT: THE STING OF TRUTH



Effective growth usually involves 'hard looks and straight talk' that may feel uncomfortable or 'sting' before they heal.

PROCESS STEP: PAYING THE DEBT FORWARD



The ultimate goal of a Blade is to become a Stone, ensuring the chain of mentorship continues to the next generation.