

WHO HAS YOUR SIX?

BUILDING A SHIELD LOCK FOR LIFE'S TOUGHEST SEASONS

THE CRISIS OF ISOLATION



THE 2 A.M. FILTER

Adversity reveals most men have many acquaintances but dangerously few true brothers.



THE "SIX" & BLIND SPOTS

No man can see his own back; you need others to spot hidden dangers.



THE SILENT DRIFT

Isolation accumulates quietly through career and family fatigue until a man is totally alone.



THE SHIELD LOCK SOLUTION



CLUB

Clubs exist for comfort and hobbies.

TEAM

Teams exist for a mission and mutual defense.

THE 3P FORMULA: PROXIMATE, PURPOSEFUL, PERIODIC



PROXIMATE

PURPOSEFUL

PERIODIC

Build depth through face-to-face presence, clear outcomes, and consistent, scheduled contact.

RELATIONSHIP DEPTH COMPARISON

RELATIONSHIP TYPE	FOUNDATION	PRIMARY FOCUS
The Buddy (Club)	Common Activity	Comfort and Shared Interests
The Brother (Team)	Common Trial	Bearing Burdens and Mission
The Shield Lock	Intentionality	Mutual Defense and Acceleration



3-5 MEN IS THE STANDARD

Relying solely on a spouse or one friend creates a fragile support structure.